



217 Merrick Rd. Suite 204
Amityville, NY 11701

Phone: (631) 598-7034
Fax: (631) 598-7479
Email: drjpop@gmail.com

Racquetfit Certification

Every sport has unique movement patterns. RacquetFit is an organization dedicated to studying how the body moves in the sport of Tennis and how to assess an athlete's physical ability to perform these movement patterns. Comprised of leading experts in the tennis coaching, fitness and medical industries, RacquetFit has created a comprehensive Certification program that gives industry professionals the tools necessary to quickly screen players for any physical limitations and a deep knowledge of how those limitations can affect their performance as well as simple guidelines to help get them back on track.

USPTA Accreditation

Become Recognized by the Industry Leader

After successful completion of our RacquetFit certification, all health and fitness professionals will be given accreditation from the global leader in tennis-teacher certification and professional development, the United States Professional Tennis Association. Founded in 1927, the USPTA has more than 15,000 members worldwide and focuses primarily on raising the standards of tennis-teaching professionals and coaches and promoting a greater awareness of the sport